

### Sports Facilities available in Atmiya University

#### Sports Infrastructure

#### I. Sports Facility

Open Play Ground(s) for outdoor sports - Play Ground size - 95 mt. x 150 mt.

(a) (Athletics, Football, Hockey, Cricket, etc.)

Athletics, Football, Hockey, Cricket, Kho-Kho, Kabaddi, Volleyball, Hand Ball, Soft Ball, etc.

(b) Track for Athletics - Yes. 400 mt.

(c) Basketball courts - Yes. Cement Court size - 15 mt. x 25 mt.

(d) Squash / Tennis Courts - Yes

(e) Swimming Pool (Size) - Affiliated with Swami Dayanand Saraswati Swimming Pool, Kalawad Road, Rajkot (50 mt. with 08 lanes)

(f) Indoor Sports Facilities including Gymnasium - Yes. 15 station

S. No.	GYM (with 15 station and with Dumbbells and Bars)	S. No.	GYM (with 15 station and with Dumbbells and Bars)
1	Shoulder Pulley	9	Thighs Pulley
2	Chest Pulley	10	Bench Press
3	Desk Pulley	11	Abdomen
4	Leg Pulley	12	Torstar
5	Pull-Ups Pulley	13	Cycle (2)
6	Triceps Pulley	14	Walker (1)
7	Biceps Pulley	15	Roller
8	Wings Pulley	16	Vibrate

\* All are in working condition.

(g) Any other

1. Table Tennis - 04
2. Badminton - 06 pairs of Rackets and Shuttle Cocks
3. Chess - 10 Chess Boards
4. Carom - 04 SURCO complete Carom Board
5. Judo & Wrestling - 15 complete mats
6. Yoga - 50+ Mats